

A Tidepool Communications Presentation

BREATHING & BLINKING

An Intersection of PTSD and TBI

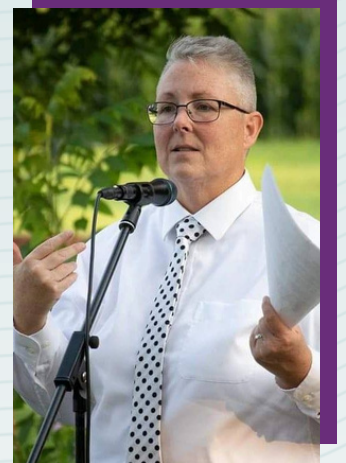
Special Live Event: Wednesday, August 12th

10:00 AM – 12:00 PM | DeKalb County Community Foundation

Join Nancy Mullen for **Breathing & Blinking**, an informative and insightful look at the interconnection between trauma, post-traumatic stress disorder (PTSD), and traumatic brain injury (TBI) – told through the lens of someone who lives with all three. Deeply personal while covering the latest theories, research, and treatments, you'll leave with a deeper understanding of the subject matter and inspired by Nancy's journey.

MEET NANCY

Nancy Mullen, LSW, is an acclaimed keynote speaker and respected voice in workplace wellness and trauma-informed leadership. With nearly four decades of experience in human services and over 25 years as a trainer and facilitator, Nancy infuses every presentation with authenticity, humor, and strategic insights. She serves on the Speakers Bureau for the Brain Injury Association of America and authored *Urban Tidepool*, featured on numerous professional reading lists.



NANCY MULLEN, PRINCIPAL
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Eligible for 2 CEUs.
Seats are limited -
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